

You've thought about it, now it's time to become a medical marijuana patient in New Rochelle. Congratulations, you're joining a growing community. Since its inception in 2014, over 100,000 patients have joined the program. NuggMD is happy to extend its services and state-licensed physicians to patients in and around New Rochelle. The evaluation process is simple. Our skilled, professional and compassionate physicians provide fast medical marijuana evaluations for residents of New York. The process is quick and simple, taking only a few minutes to complete. NuggMD ensures your privacy by HIPPA standards and our elite customer service team is available to provide help throughout the process.

NEW ROCHELLE

Known as the "Home Town", New Rochelle boasts being voted the 13th best city to live. With a population of nearly 80,000, New Rochelle is an attractive city for families, singles and offers great business opportunities. The Home Town combines affordable living, along with newly constructed condominiums and high-rises making it the ideal place to hang your hat. As the 5th safest city of its size, New Rochelle is a one of the best places in the nation to raise children. Just 30 minutes away from downtown Manhattan, it also offers an exciting nightlight. While recreational marijuana is not legal in New York, NuggMD can help with your medical marijuana needs.

Our expert physicians have assisted thousands of medical marijuana patients explore the benefits of using cannabis to complement existing medical treatment or as an alternative to

traditional treatments. With the recent expansion of qualifying conditions in the state of New York, including PTSD and chronic pain, it is easier than ever for residents to obtain approval to use medical cannabis, thereby avoiding opiates or other potentially harmful medications. With NuggMD, the process isn't complicated. Let us help.



WHY NUGGMD?

Providing private, simple and quality care are our greatest concerns. In addition to your privacy being protected by HIPPA guidelines, NuggMD provides patients with a perk that others don't—our patients can connect with their doctors from the comfort of their own homes. We conduct medical marijuana patient evaluations online, providing access to quality service to those with limited mobility or even those too busy to wait in packed, public and uncomfortable waiting rooms.

Quality service is our priority. Meet with our qualified experts face-to-face using your iPad, Android phone, laptop, computer or any other video capable device. Get the care you need and the service you deserve by following a few simple steps.

EXACT STEPS

NuggMD's medical marijuana evaluation process occurs online. The state of New York also provides an online process to receive a medical marijuana card. Therefore, you can get completely certified in New Rochelle without stepping foot outside of your front door.

The online evaluation is personal. Our physicians employ our video platform to interact with you on a one-on-one and face-to-face level. It only takes a few simple steps.

- 1. Create an online account.
- 2. Complete your questionnaire.
- 3. Upload your medical documents (if applicable).
- 4. Provide your payment details.
- 5. After relaxing in our virtual waiting room, meet with your new doctor.
- 6. You'll receive your recommendation via email.
- 7. Upload your information to New York's online application platform.

That's it! It just that easy. However, if you experience a problem, our customer service team will be happy to help you through the process. Once you're approved, you'll receive an email with detailed steps to help you navigate the registration process with the NY Department of Health.



You've made it to the finish line! However, if you have a problem during the state registration process, don't worry. NuggMD's customer service team has helped patients, totaling in the hundreds of thousands, complete the application process for various states. Inside your approval email, you'll receive a detailed set of instructions to help you through the states' registration process. Nevertheless, if you need additional help, email the customer service team at support@NuggMD.com. They will be happy to help you through the process.

ADDITIONAL INFORMATION

The state of New York has moved to decriminalize cannabis. As of August 28, 2019, it is no longer a crime to be in possession of up to 2 ounces of marijuana. Up to that threshold, it will

be treated as a non-criminal violation. Police still have the right to stop and question you regarding this violation; however, if you are a resident of New York and have valid ID you may receive a ticket and corresponding fine—it is up to you to decide if you wish to contest the ticket.

The maximum penalty for possession of the limited amount of marijuana is as follows: up to 1ounce equals a \$50 fine, and up to 2-ounces of marijuana equals a \$200 fine. Remember, smoking marijuana in public areas such as offices, bars, and public transit systems violates the public health law. While it is not an arrestable offense, you can still receive a ticket. However, if the amount you possess is above 2-ounces you may be arrested and charged criminally.

Under New York State law, residents still aren't allowed to cultivate marijuana. This means you can't sell, ship, grow and trade marijuana. Under this new law, the term "marijuana" is inclusive of the plant, yes—but also the seeds, resin or oils derived from the plant. Lastly, while the state of New York has made it legal to possess and use medical marijuana when one is a medical marijuana card holder, it is still illegal under federal law.

IN AND AROUND NEW ROCHELLE

NuggMD's physicians are proud to serve New Rochelle and its surrounding areas including: Mt Vernon, Larchmont, Bronxville, Tuckahoe, Eastchester, Mamaroneck, Harrison, Rye, Port Chester, Rye Brook, White Plains, Scarsdale, Hartsdale, Yonkers, Dobbs Ferry, Irvington, Valhalla, Tarrytown, Sleepy Hollow, Greenwich, Glen Cove, Port Washington, and Great Neck.

Sit back and relax. Your life is hectic enough, there's no need to brave the elements. NuggMD brings our state certified physicians straight to you. Enjoy professional, quick and compassionate care right from the comfort of your home. This way, you focus on what matters most, which is getting and staying healthy.

LOCAL EVENTS

Women & Wellness Summit

Join THA mommas and Powered x kultiv8 Life's first annual women's wellness summit. This event promises to be a "healing" journey, comprised of multiple workshops, yoga mediations, sound healing and vendors. *Time and Date:* Event begins at 10:00 AM, Sunday, March 29, 2020. *Location:* Fueled by Culture 330 East 48th St. New York, NY 10017. *Ticket Price*: Free! However, donations are welcome on behalf of kultiv8 Motherhood. Learn more about the event *here*.

The Annual 420 Reggae Fiesta on the River

This annual 4/20 event is a concert cruise featuring the music of Dub is a Weapon, and Crazy Baldhead Dub Apparatus featuring Agent Jay and the Slackers.

Time and Date: Event boarding begins at 6:00 PM, departure is at 7:00 PM, Saturday, April 18, 2020.

Location: Rocks off Concert Cruise aboard The Liberty Belle Riverboat.

299 South St.

New York, NY 10002.

Ticket Price: Advance \$35, Day of the Show \$40.

Purchase tickets *here*.